

Unlocking the Power of Belonging



Descifrando el Poder de la Pertenencia

Official
Schedule

November 21st, 2020



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Date & Time	Stage	Workshops in English	Sesiones En Español / Portuguese
03:30am EST 09:30am CET	Paloma Fuentes y Elías Azulay Presentación Informe: resultados CHEF sobre competencias de la felicidad	Mahendra Shah / Agora Denpasar, Bali "The Quest for Sustainability, Peace and Happiness: Humanity and Nature" PROF. (DR.) Nitin Arora / Agora DELHI 3-L Formula for Multividauals to Create Sustainable Happines	
04:30am EST 10:30am CET	Pablo González Ruiz Las tendencias que harán del talento la clave de esta nueva normalidad		
05:00am EST 11:00am CET	Aldara Martitegui con Enrique González González (BBVA), Ángela Larrubia (IBM) y Olga Pintó (DELOITTE) Mesa debate: el mindfulness y los beneficios en un entorno complejo		
05:30am EST 11:30am CET			Antonio Gallego PETIT BAMBOU Música y meditación en casa. Sesión meditación
06:00am EST 12:00pm CET	Javier García Campayo Mindfulness y compasión: claves para la pertenencia		
06:30am EST 12:30pm CET	Rocío Rincón de IDIENA Taller práctico: impacto emocional del COVID19		
07:00am EST 01:00pm CET	Inés Sainz y Ana Siles Rutinoterapia: el poder de la pertenencia durante un cáncer		
07:30am EST 01:30pm CET	Teresa Viejo Ponencia: la curiosidad como atracción hacia el otro	Karima Ilham / Agora - United Arab Emirates "COMMUNITY INSPIRING STORIES. Behind each human is a story that inspires"	
08:00am EST 02:00pm CET	Luis Gallardo Welcome to our English Speaking Audience		
08:05am EST 02:05pm CET	Rekhi Singh Transcending the Self - Maslow's missing Apex		
08:25am EST 02:25pm CET	Manas Mandal Intimacy matters: The need to belong		
08:30am EST 02:30pm CET		Orlaith O'Sullivan / Agora Dublin, Ireland "True Belonging: practices to build inclusive, thriving communities" Prof. Agnis Stibe / Agora Paris, France "Transformation Algorithm for Human Happiness"	Nazareth Castellanos, Ariadna Castellanos & Doudou Ngom / Agora Palma de Mallorca, España "Cerebro, entre la música y el baile" (Brain, between music and dance"
08:50am EST 02:50pm CET	Saamdu Chetri Three Separations of Belonging		
09:10am EST 03:10pm CET	Maria Sirois The Art of Authenticity		

	Stage	Workshops in English	Sesiones En Español
09:30am EST 03:30pm CET	Richard Rudd The Keys to Unlocking the Power of Belonging	Yaroslav Aristeiguieta / Agora Weston, Florida, USA "Gratitude as a Path to Resilience" Angelika Pohnitzer (Guest speakers: Marilyn Hamilton, Floor de Ruiter, Anita Frank y Peter Mlczoch) Agora Vienna, Austria "Be:longing in the City"	
10:00am EST 04:00pm CET		Paco Briseño / Agora Barcelona, España "How does climate change impact happiness?" Halina Goldstein / Agora Hornbaek, Denmark "Becoming the belonging—transforming loneliness and separation to joy and harmony" Raffaello Palandri / Agora Germany "Holistic approaches in coaching to foster community building" Alexia Georghiou with collaboration of Peilin Lu / Agora Knoxville, USA "ROOTS: A Framework for Cultural Belonging"	Fernando Plata / Agora Cali, Colombia "Domesticar Elefantes" Qué y Cómo: Liliana Núñez, Natalia Hevia & Mariana Rojas / Agora Ciudad de México "Abrazando el 2021" Mónica Castañeda & Bruno Pinasco / Agora Lima, Perú "LA FELICIDAD TE HARÁ LIBRE"
10:55am EST 04:55pm CET	Henrique Bueno: Reality, Focus and Happiness		
11:00am EST 05:00pm CET		Amy Giddon / Agora New Rochelle, NY, USA "What can we learn about belonging from Post-it notes? Plenty!"	Juan Luis Walker & Jose-Pedro Martínez / Agora Valencia, España "TALLER OPEN SPACE APRECIATIVO DE LA PANDEMIA" Marisela Cuevas / Agora Miami, USA "Café Filosófico Misma Mente: Hablemos de Pertenencia" Pilar Ibáñez/Agora Bogotá, Colombia "Amor Propio: Soledad vs Vacío"
11:30am EST 05:30pm CET		Rebecca Roberts / Agora Basel, Switzerland "Unleash Your Extraordinary Story: Authoring Your Life for Playfulness and Deep Connection" Edith Shiro / Agora Miami, USA "Turning Trauma into Growth and Belonging" Mavis Tsai-Center for the Science of Social Connection Washington Growing into Your Deepest Soul Longings	Branka Novosel / Agora Samobor, Croatia "Što je sreća - dar ili vještina?" Ilana Ospina / Agora Ciudad de México "Pertenece, Agradece, Ayuda"
01:00pm EST 07:00pm CET		Rodolfo Carrillo / Agora san José, Costa Rica "Living from Purpose as a way to connect" Div Manickam / Agora Raleigh, North Carolina, USA "Essentialism (not minimalism) for your mind, body and soul" Terry Patten / Agora Novato, CA, USA "Let's Be the Change Together Right Now: Experience Evolutionary We-Space"	Marita Abraham / Agora Argentina "Gestión del optimismo en tiempos difíciles" Blanca Mery Sánchez (Mentesana) & David Moncada y Maria Paula Franky Agora Manizales, Colombia "Nuestra Esencia" Juan Esteban Vera / Agora Santa Cruz, Bolivia "Bienestar y Felicidad" Tico Perezgrovas y Alex Ureña / Ágora Querétaro "Sentido y pertenencia en el Trabajo"
01:30pm EST 07:30pm CET	Orly Wahba Power of Kindness		
02:00pm EST 08:00pm CET	Elaine Montilla "Belonging" – The Next Evolution of Diversity & Inclusion		
02:25pm EST 08:25pm CET	David Shurna No Barriers to Belonging- How to Build you Rope Team		
02:50pm EST 08:50pm CET	Luiza Figueira de Mello O poder da gratidão		
03:30pm EST 09:30pm CET		Laticia Rolle How to find connections in a Virtual World Jennifer Isom Finding where you belong while dealing with anxiety	
05:00pm EST 11:00pm CET	Laura Sniderman Embracing the Future of Friendship		
05:50pm EST 11:50pm CET	Mariana Nahas Coerência entre mente e coração (Coherence between heart and mind)		
06:15pm EST 12:15pm CET	Giti Bond Relacionamento, amor e liberdade (Relationship, Love and Freedom)		
06:35pm EST 12:35pm CET	Luis Gallardo Closing. Our journey ahead. Together		